

Articles and Tips - Aim and Alignment



Every player needs a pre-shot routine for consistent aim and alignment. The following is an easy four step method to help aim the club, align your body, and give yourself the best chance to hit shots to the target.

First, establish the target line by starting from a position behind the ball. Visualize an imaginary line from your target through the ball and back to your feet. Then trace this imaginary line from your feet back through the ball and to the target. Continue this process until this line is positive in your minds eye.

Second, take one step to the side of the target line and approach the ball with your eyes and body facing the target. (not facing the target line) I once heard that great players stare at their target and glance at the ball not stare at the ball and glance at the target.

Third, aim the club-face and right foot at a right angle or perpendicular to the target line. The order should always be, aim the club-face first and then the right foot. This allows your body to step into your stance right side first.

Fourth, align the rest of your body "Parallel Left" of the target line. This includes your feet, legs, hips, arms, shoulders and eyes