

# Articles and Tips - Blindfold Putting Drill



A wonderful putting drill for feel is to practice putting with your eyes closed.

The idea is to go out to the practice green with a handful of new Titleist golf balls and start from about 6 feet from the hole. Go through your pre-shot routine and focus all your attention to the target, by staring at the target until your eyes feel that distance, then rotate your eyes back to the ball, and close your eyes and roll the putt to the target, keeping your eyes closed.

1st "See the target" If it is a straight and flat putt, stare at the back of the hole. If it is uphill and breaking right to left, stare at a spot (target) past the hole and off to the right depending on how much break.

2nd Rotate your head back to the ball and close your eyes and feel that speed. "Feel that distance"

3rd Swing the putter and roll the ball to your target.

4th Keep your eyes closed until the ball falls in the cup.

Judge your ability to see the target in your minds eye from the visualization.

Judge your ability to roll the ball repetitive distances, hopefully in the bottom of the cup.

Judge your ability to stay focused on the target and not your stroke.

After a short time of mastering 6 footers, move around the green and try some different length putts with various breaks.

Putting is the difference in scoring. Remember, "See it", "Feel it", "Trust it".