

Articles and Tips - The left-handed recovery

The instruction describes how to recover if the ball is in a place that is impossible to take a stance and make a swing right handed, i.e. --beside a tree, beside a water hazard etc. There actually are two ways to play this and please practice both of these prior to attempting this in a round or competition, because, a swing and a miss will cost you a stroke and you'll be in the same bad situation.

Remember, rule 28 Ball unplayable, allows you 3 options, with a one stroke penalty to: play from where you last played from: keep the point where the ball lay and go back as far as you want keeping that point between you and the hole: two club lengths in any direction no nearer the hole. Please read the rule for exact clarification.



◀ The first of the two options is, stand with your back to the hole and swing the club one handed trying to keep the direction of the palm club-face the same during the stroke. It seems easier to hinge the wrist slightly in the backstroke to allow some downward hit at impact and as always keep the handle moving thru impact. The sand wedge is the club of choice for this shot.



◀ The second option is to hit it left-handed with a sand wedge turned upside down. Because of the angle of the face this shot will come off to the right of your intended target line, so aim a little more to the left. Keep this swing as simple as possible, arm motion with very little wrist hinge keeping the back of the right hand moving to the target.
The first option is mainly for short shots green side, the left-handed version can be played longer as you become more proficient. Always remember rule 28, it might be the best option.
