

Articles and Tips - One Handed Chipping

To help create a solid impact for full swing and for more consistent chip shots, try this one-handed chipping drill.

If you play right handed use the right hand for this drill. First use a lofted club like a pitching wedge or sand wedge and grip down on the club in a place where the hand would be if the other hand was on the club. Play the ball back in the stance in line with the shoe laces of the trailing foot. I like to see the eyes positioned in front of the ball for chip shots, don't try to look at the back of the ball. Settle the weight forward about 60 % front 40% back and maintain that through the shot.



◀ Next, forward press the handle of the club to de-loft the club-face and the hand will start in front of the ball by the left thigh.



◀ Now it is time to hit some one handed chip shots. In the backswing keep it short and simple...

...and deliver
▶ the club back to the ball with the handle or grip
WINNING THE RACE.



◀ After impact the club-head should not pass your hand...

It is okay to create a little hinge in the
▶ wrist in the backswing in fact I encourage it.

This drill is designed to get the hands ahead of the ball at impact. The right hand or wrist should remain the same through impact every time, then put both hands on the club and feel the same solid impacts.

Note the launch of the shots produced are lower with the bottom of the swing after the ball. I really like to see every ball leave in the same launch time and time again.



Great Golf, Neil Wilkins

