## Articles and Tips - Set-Up to Finish



■ The two things I emphasize the most with juniors and many clients is to start like a tour player and finish like a tour player. There is no excuse to not have good fundamentals in these areas.

At address the feet are at hip width with a little bend in the knees.

The tilt in the spine is from the hip socket, "not" from the waist. The shoulders are back and the chest is out with the arms hanging down naturally. The weight should be equal between the feet and favoring the balls of the feet, not on the toes or the heels.





▼ From that starting point, I really want to see a swing to a nice balanced finish.

I remember Butch Harmon saying one year at the Teaching and Coaching Summit in New Orleans, "You want the weight moving the direction the club is swinging."

That is so simple but so true and those words I have repeated time and time again. ▶





■ Neil Wilkins with his son Trey Wilkins.





Great Golf, Neil Wilkins