

Articles and Tips - The Grip

Chapter 1 in every instructional book on the game of golf starts with the grip. So this tip of the month is how to hold the club. The purpose of the placement of the hands on the club is to permit the hands to work together and square the clubface at impact.



◀ First the club must be gripped in the left hand 'fingers' (with the club lying between the red lines on the fingers and the palm) in such a position that the 'V' formed by the left thumb and index finger points to the right shoulder.



◀ The thumb of the left hand should be placed slightly to the side of the shaft. Note the fingertips of the left hand (marked in red) should not be seen by you.



▲ The thumb of the left hand fits in the lifeline of the right hand.



◀ The right hand is placed on the club and also held in the fingers, so that the 'V' formed by the right thumb and index finger also points to the right shoulder.



In my opinion the best place to learn the proper grip is on the couch watching TV. Pick up a club and place it properly in your hands. Do this again and again. Steve Elkington wrote in his book that if he could have 1 surgery to help his golf game, it would be to have his thumb and index finger sown together.

